

COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: April 7, 2022

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

- Travel-Related Measures:** A summary of the travel and tourism-related measures in place in each province and territory. Current travel restrictions and self-isolation requirements are also available on Destination Canada's website: <https://caen-keepexploring.canada.travel/covid-19-traveller-guidance>
- Methodological Notes:** An explanation of the methodologies in the different sections and relevant sources.

1. TRAVEL-RELATED MEASURES

Please consult the Government of Canada website for the latest federal travel requirements: <https://travel.gc.ca/travel-covid>. Below is a summary of recent updates to federal travel requirements and advice:

- As of April 1:**
 - Pre-entry tests are no longer required for **fully vaccinated** travellers entering Canada; fully vaccinated travellers may still be selected for random tests on arrival but are not required to quarantine while awaiting their results.
 - Unvaccinated or partially vaccinated** travellers still require pre-entry tests, an on-arrival test and a day 8 test, and must quarantine for 14 days.
 - All travellers continue to be required to submit their mandatory information in ArriveCAN (mobile app or website) before their arrival in Canada.
 - For 14 days following entry into Canada, all travellers must wear a mask in both indoor and outdoor public spaces, maintain a list of all close contacts and locations visited, and keep copies of proof of vaccination.
 - Cruise ships:** Passengers must take a molecular test within 72 hours before boarding a cruise ship or an antigen test within 24 hours of the scheduled departure. They no longer need to be tested leaving the cruise ship.
- Travellers aged 12 years and older, with very limited exceptions, are required to show their [Canadian COVID-19 proof of vaccination](#) to depart from Canadian airports, on VIA Rail and Rocky Mountaineer trains, and on non-essential passenger vessels (e.g. cruise ships) on voyages of 24 hours or more departing from ports in Canada. To qualify as fully vaccinated, travellers must have received the full series of an accepted COVID-19 vaccine (or a full series of a combination of accepted vaccines), with the last dose at least 14 full days prior to the date of travel.

In addition to federal government travel requirements, individual provinces and territories have implemented measures on travel between provinces and territories. The table below outlines self-isolation requirements for domestic and foreign travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information, collected by provincial and territorial tourism marketing authorities and relevant tourism departments, is current as of April 7, 2022.

Travel Measures

	Traveller self-isolation required?	Travel restrictions?
British Columbia	<p>No self-isolation for domestic travellers entering British Columbia.</p> <p>No self-isolation upon entering British Columbia for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</p>	<p>No travel restrictions for domestic travellers entering British Columbia.</p> <p>Fully vaccinated foreign nationals can travel to British Columbia provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Alberta	<p>No self-isolation for domestic travellers entering Alberta.</p> <p>No self-isolation upon entering Alberta for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</p>	<p>No travel restrictions for domestic travellers entering Alberta.</p> <p>Fully vaccinated foreign nationals can travel to Alberta provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Saskatchewan	<p>No self-isolation for domestic travellers entering Saskatchewan.</p> <p>No self-isolation upon entering Saskatchewan for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</p>	<p>No travel restrictions for domestic travellers entering Saskatchewan.</p> <p>Fully vaccinated foreign nationals can travel to Saskatchewan provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Manitoba	<p>No self-isolation for domestic travellers entering Manitoba.</p> <p>No self-isolation upon entering Manitoba for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</p>	<p>No travel restrictions for domestic travellers entering Manitoba.</p> <p>Fully vaccinated foreign nationals can travel to Manitoba provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Ontario	<p>No self-isolation required for domestic travellers entering Ontario.</p> <p>No self-isolation upon entering Ontario for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</p>	<p>No travel restrictions for domestic travellers entering Ontario.</p> <p>Fully vaccinated foreign nationals can travel to Ontario provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>

	Traveller self-isolation required?	Travel restrictions?
Quebec ¹	<p>Travellers entering Nunavik and James Bay may be required to self-isolate.</p> <p>No self-isolation required for all other domestic travellers entering Quebec.</p> <p>No self-isolation upon entering Quebec for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</p>	<p>Travel to Nunavik and James Bay is restricted to essential travel only.</p> <p>No other travel restrictions for domestic travellers entering Quebec.</p> <p>Fully vaccinated foreign nationals can travel to Quebec provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
New Brunswick	<p>No self-isolation required for all domestic travellers entering New Brunswick.</p> <p>No self-isolation upon entering New Brunswick for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</p>	<p>No travel restrictions for domestic travellers entering New Brunswick.</p> <p>Fully vaccinated foreign nationals can travel to New Brunswick provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Nova Scotia	<p>No self-isolation required for domestic travellers entering Nova Scotia.</p> <p>No self-isolation upon entering Nova Scotia for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</p>	<p>No travel restrictions for domestic travellers entering Nova Scotia.</p> <p>Fully vaccinated foreign nationals can travel to Nova Scotia provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Prince Edward Island	<p>As of April 6:</p> <p>No self-isolation required for domestic travellers entering Prince Edward Island.</p> <p>No self-isolation for fully vaccinated foreign nationals entering Prince Edward Island provided that they meet specific entry and testing requirements.</p>	<p>No travel restrictions for domestic travellers entering Prince Edward Island.</p> <p>Fully vaccinated foreign nationals can travel to Prince Edward Island provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Newfoundland and Labrador	<p>No self-isolation required for domestic travellers entering Newfoundland and Labrador.</p> <p>Fully vaccinated foreign nationals can enter Newfoundland & Labrador provided that they meet specific entry and testing requirements.</p>	<p>No travel restrictions for domestic travellers entering Newfoundland and Labrador.</p> <p>Fully vaccinated foreign nationals can travel to Newfoundland and Labrador provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Yukon ²	<p>No self-isolation required for domestic travellers entering Yukon.</p> <p>No self-isolation upon entering Yukon for fully vaccinated foreign nationals provided that they meet specific entry and testing requirements.</p> <p>The Government of Canada has specific guidelines for driving to or from Alaska through Canada. Read the State of Alaska's health guidance for travellers during the COVID-19 pandemic.</p>	<p>No travel restrictions for domestic travellers entering Yukon. Travellers are asked to follow these guidelines if they must travel to Yukon communities. Several First Nations governments and communities currently have travel advisories in place. If a First Nations government or community has not issued an advisory, travel responsibly and follow the Safe 6 plus 1.</p> <p>Fully vaccinated foreign nationals can travel to Yukon provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Northwest Territories	<p>As of April 1:</p> <p>No self-isolation required for domestic travellers entering the Northwest Territories.</p> <p>No self-isolation required for fully vaccinated foreign nationals entering the Northwest Territories provided that they meet specific entry and testing requirements.</p>	<p>As of April 1:</p> <p>No travel restrictions for domestic travellers entering the Northwest Territories.</p> <p>Fully vaccinated foreign nationals can travel to the Northwest Territories provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Nunavut ³	<p>As of March 14:</p> <p>No self-isolation required for domestic travellers entering Nunavut. However, it is recommended that unvaccinated individuals, or those with fewer than three doses of a COVID-19 vaccine, self-isolate for 10 days.</p> <p>Fully vaccinated foreign nationals can enter Nunavut provided that they meet specific entry and testing requirements.</p> <p>As of April 11:</p> <p>No self-isolation required for domestic travellers entering Nunavut.</p> <p>Fully vaccinated foreign nationals can enter Nunavut provided that they meet specific entry and testing requirements.</p>	<p>As of March 14:</p> <p>No travel restrictions for domestic travellers entering Nunavut.</p> <p>Fully vaccinated foreign nationals can travel to Nunavut provided that they meet specific entry and testing requirements. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>

Most Parks Canada places are open and welcoming visitors with adjustments to access and services. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: <https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info#locations>

Most provinces and territories have implemented a framework to guide reopening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the reopening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism-related sectors as of April 7, 2022. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

Tourism Related Measures

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
British Columbia 4	<p>As of April 8: All restrictions are lifted.</p> <p>Some businesses and other settings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>	All restrictions are lifted; accommodations can resume regular operations.	<p>As of April 8: All restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations.</p> <p>Some restaurants, bars and other food or drink establishments may choose to continue to require patrons to show proof of vaccination.</p>	<p>As of April 8: All restrictions are lifted; all venues can resume regular operations.</p> <p>Some businesses and other settings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>	<p>As of April 8: All restrictions are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.</p> <p>Some businesses and other settings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>
Alberta 5	Mandatory mask requirements are lifted for public indoor spaces but are still required for people aged 13 and over on public transit.	All restrictions are lifted; accommodations can resume regular operations.	All restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations.	All restrictions are lifted; all venues can resume regular operations.	All restrictions are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.
Saskatchewan 6	All restrictions are lifted.	All restrictions are lifted; accommodations can resume regular operations.	All restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations.	All restrictions are lifted; all venues can resume regular operations.	All restrictions are lifted for private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.
Manitoba 7	<p>As of March 15: All regions in Manitoba are in the green (limited risk) response level.</p> <p>All restrictions are lifted.</p>	All restrictions are lifted; accommodations can resume regular operations.	<p>As of March 15: All restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations.</p>	<p>As of March 15: All restrictions are lifted; all venues can resume regular operations.</p>	<p>As of March 15: All restrictions are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.</p>
Ontario 8	<p>As of March 21: Mandatory mask restrictions are lifted in indoor public spaces throughout Ontario but are still required for specific indoor settings, including public transit.</p> <p>Some businesses and other settings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>	All restrictions are lifted; accommodations can resume regular operations.	<p>All restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations.</p> <p>Some restaurants, bars and other food or drink establishments may choose to continue to require patrons to show proof of vaccination.</p>	<p>All restrictions are lifted; all venues can resume regular operations.</p> <p>Some businesses and other settings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>	<p>All restrictions are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.</p> <p>Some businesses and other settings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>
Quebec 9	<p>Masks are mandatory throughout Quebec in indoor public spaces and on public transit for anyone aged 10 and older.</p> <p>As of March 12: A vaccine passport is no longer required to access businesses, events and venues.</p>	Accommodations are open with control/safety measures in place.	<p>As of March 12: A vaccine passport is no longer required and all capacity limits are lifted.</p> <p>Eating and drinking establishments can resume regular operations but mask requirements remain in place.</p>	<p>As of March 12: A vaccine passport is no longer required to access businesses, events and venues.</p> <p>All capacity limits are lifted; all venues can resume regular operations but mask requirements remain in place.</p>	<p>As of March 12: A vaccine passport is no longer required to access businesses, events and venues.</p> <p>All capacity limits are lifted for indoor and outdoor private and public gatherings venues like conference centres and meeting spaces can resume regular operations but mask requirements remain in place.</p>
New Brunswick 10	As of March 14: All restrictions are lifted.	As of March 14: All restrictions are lifted; accommodations can resume regular operations.	As of March 14: All restrictions are lifted; restaurants and other licenced establishments can resume regular operations.	As of March 14: All restrictions are lifted; businesses and venues can resume regular operations.	As of March 14: All restrictions are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Nova Scotia ¹¹	<p>As of March 21: Nova Scotia is in Phase 3 of its reopening plan.</p> <p>Mandatory mask restrictions are lifted throughout Nova Scotia with exceptions for high-risk settings.</p>	<p>As of March 21: All restrictions are lifted; accommodations can resume regular operations.</p>	<p>As of March 21: All restrictions are lifted; restaurants and other licenced establishments can resume regular operations.</p>	<p>As of March 21: All restrictions are lifted; businesses and venues can resume regular operations.</p>	<p>As of March 21: All restrictions are lifted for indoor and outdoor private and public gatherings; venues can resume regular operations.</p>
Prince Edward Island ¹²	<p>As of April 6: Prince Edward Island is in Step 3 of its Moving On – Transition Plan to Living with COVID-19.</p> <p>Masks are mandatory in indoor public spaces for anyone aged 5 and older.</p>	<p>Accommodations are open with control/safety measures in place.</p>	<p>As of April 6: All capacity limits are lifted; eating and drinking establishments can resume regular operations but mask requirements remain in place.</p>	<p>As of April 6: All capacity limits are lifted; all venues can resume regular operations but mask requirements remain in place.</p>	<p>As of April 6: All capacity limits are lifted for indoor and outdoor private and public gatherings venues like conference centres and meeting spaces can resume regular operations but mask requirements remain in place.</p>
Newfoundland and Labrador ¹³	<p>As of March 14: All restrictions are lifted.</p> <p>Wearing a mask is strongly recommended in indoor public spaces but not required.</p>	<p>As of March 14: All restrictions are lifted; accommodations can resume regular operations.</p>	<p>As of March 14: All restrictions are lifted; restaurants and other licenced establishments can resume regular operations.</p>	<p>As of March 14: All restrictions are lifted; businesses and venues can resume regular operations.</p>	<p>As of March 14: All restrictions are lifted for informal and formal gatherings; venues like conference centres and meeting spaces can resume regular operations.</p>
Yukon ¹⁴	<p>As of March 18: All restrictions are lifted, including lifting of mask requirements, with exceptions for higher-risk settings.</p> <p>Some businesses and other settings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>	<p>As of March 18: All restrictions are lifted; accommodations can resume regular operations.</p>	<p>As of March 18: All restrictions are lifted; eating and drinking establishments can resume regular operations. Some establishments may choose to continue to require patrons to show proof of vaccination.</p>	<p>As of March 18: All restrictions are lifted; businesses and other settings can resume regular operations. Some places may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>	<p>As of March 18: All restrictions are lifted for personal and organized gatherings; venues like conference centres and meeting spaces can resume regular operations. Some venues may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>
Northwest Territories ¹⁵	<p>As of April 1: All restrictions are lifted, including mask requirements.</p> <p>Businesses and other settings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>	<p>As of April 1: All restrictions are lifted; accommodations can resume regular operations.</p>	<p>As of April 1: All restrictions are lifted; restaurants and other licenced establishments can resume regular operations. Some eating and drinking establishments may choose to continue to require patrons to show proof of vaccination.</p>	<p>As of April 1: All restrictions are lifted; all venues can resume regular operations.</p> <p>Some businesses and other settings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>	<p>As of April 1: All restrictions are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations. Some public gatherings may choose to continue to require patrons to show proof of vaccination and/or to wear a mask.</p>
Nunavut ^{16, 17}	<p>Masks are mandatory across Nunavut.</p> <p>As of April 11: All restrictions are lifted, including mask requirements.</p>	<p>Accommodations are open with control/safety measures in place.</p> <p>As of April 11: All restrictions are lifted; accommodations can resume regular operations.</p>	<p>As of March 28: Restaurants and bars may operate to maximum 75% capacity. Singing and dancing is permitted.</p> <p>As of April 11: All restrictions are lifted; restaurants and other licenced establishments can resume regular operations.</p>	<p>As of March 28: All businesses and services can open with 2-metre physical distancing in place. Libraries, museums and galleries can have up to 25 people or 50% capacity; group tours can have up to 25 people. Arenas can have up to 50 people or 50% capacity, whichever is less. The Iqaluit theatre may have up to 100 people or 75% capacity, whichever is less, per screening room with no moving between rooms.</p> <p>As of April 11: All restrictions are lifted; all venues can resume regular operations.</p>	<p>As of March 28: Gatherings in homes can have 1 household plus 15 additional people. Indoor public gatherings in community halls, conference spaces, and within government and Inuit organization facilities can have up to 100 people or 75% capacity, whichever is less. Outdoor gatherings have no restrictions.</p> <p>As of April 11: All restrictions are lifted for indoor and outdoor private and public gatherings.</p>

2. METHODOLOGICAL NOTES

I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:

¹ Government of Quebec, Travelling from one region to another or from one city to another during the COVID-19 pandemic, April 6, 2021

<https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/measures-in-force/travel/travelling-region-to-another-covid19>

² Government of Yukon, Travel to Yukon communities guidelines: COVID-19, April 7, 2022

<https://yukon.ca/en/health-and-wellness/covid-19-information/borders-and-travel-covid-19/travel-within-yukon-communities>

³ Government of Nunavut, Travel and Isolation, April 7, 2022

<https://gov.nu.ca/health/information/travel-and-isolation>

⁴ Government of British Columbia, Provincial and regional restrictions, April 1, 2022

<https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions>

⁵ Government of Alberta, COVID-19 public health actions, April 7, 2022

<https://www.alberta.ca/covid-19-public-health-actions.aspx>

⁶ Government of Saskatchewan, Public Health Measures, April 7, 2022

<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/public-health-measures/>

⁷ Government of Manitoba, Manitoba Pandemic Response System, April 7, 2022

<https://www.gov.mb.ca/covid19/prs/index.html>

⁸ Government of Ontario, COVID-19 public health measures and advice, April 7, 2022

<https://covid-19.ontario.ca/public-health-measures>

⁹ Government of Quebec, Current and forthcoming measures in Quebec, April 7, 2022

https://cdn-contentu.quebec.ca/cdn-contentu/sante/documents/Problemes_de_sante/covid-19/measures-in-effect.pdf?1645459629

¹⁰ Government of New Brunswick, Living with COVID-19, April 7, 2022

<https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19.html>

¹¹ Government of Nova Scotia, Reopening plan, phase 3, April 7, 2022

<https://novascotia.ca/reopening-plan/phase-three/>

¹² Government of Prince Edward Island, Moving On - Transition Plan to Living with COVID-19, April 6, 2022

<https://www.princeedwardisland.ca/en/information/health-and-wellness/moving-on-transition-plan-to-living-with-covid-19>

¹³ Government of Newfoundland and Labrador, What to expect after March 14, April 7, 2022

<https://www.gov.nl.ca/covid-19/restrictions/planned-restrictions/>

¹⁴ Government of Yukon, Restrictions: COVID-19, April 7, 2022

<https://yukon.ca/en/restrictions-covid-19>

¹⁵ Government of Northwest Territories, Current recommendations, April 7, 2022

<https://www.hss.gov.nt.ca/en/services/covid-19/current-recommendations>

¹⁶ Government of Nunavut, Nunavut's Path, April 7, 2022

<https://www.gov.nu.ca/health/information/nunavuts-path>

¹⁷ Government of Nunavut, Nunavut lifts Public Health Emergency as of April 11, April 6, 2022

<https://www.gov.nu.ca/health/news/nunavut-lifts-public-health-emergency-april-11>