

COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: October 6, 2020

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

- Travel-Related Measures:** A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada's website: <https://caen-keepexploring.canada.travel/canada-nice#canadamap>
- Methodological Notes:** An explanation of the methodologies in the different sections and relevant sources.

1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating 14-day self-isolation for those who are eligible to enter Canada¹, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of October 6, 2020.

Travel Measures

	Traveller self-isolation required?	Travel restrictions?
British Columbia (BC)	● No self-isolation for domestic travellers entering BC	● As of July 30, all non-resident travel to Haida Gwaii is restricted; otherwise, no travel restrictions for domestic travellers entering BC
Alberta (AB)	● No self-isolation for domestic travellers entering AB	● No travel restrictions for domestic travellers entering AB
Saskatchewan (SK)	● No self-isolation for domestic travellers entering SK	● No travel restrictions for domestic travellers entering SK
Manitoba² (MB)	✗ Residents of Western Canada and Northwestern Ontario do not need to self-isolate for 14 days when entering MB; 14-day self-isolation for all other domestic travellers entering MB, except for essential workers.	✗ No travel restrictions for domestic travellers entering MB, but self-isolation required (except for residents of Western Canada and Northwestern Ontario). Beginning September 3, Manitoba will be re-implementing travel restrictions to northern Manitoba, but travellers will be permitted to travel directly to resorts, lodges and campgrounds.
Ontario (ON)	● No self-isolation for domestic travellers entering ON	● No travel restrictions for domestic travellers entering ON
Quebec³ (QC)	● No self-isolation for domestic travellers entering QC	✗ Residents of a region or territory now designated as a "Red" zone must avoid travelling to "Green", "Yellow" or "Orange" zones and outside of Quebec, inter-regional travel is also not recommended for regions in the "Orange" zone, and access is not allowed to Nunavik and James Bay. There are no restrictions for other domestic travellers entering QC
New Brunswick^{4, 5} (NB)	✗ As of July 3, residents of other Atlantic provinces (NS, PE, NL) do not need to self-isolate for 14 days when entering NB. As of September 25, visitors from two QC border regions (Pointe-à-la-Croix and Listuguj First Nation) can enter NB for day trips only,	✗ As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all non-essential travel into NB for all other domestic travellers, except for workers and other specific

without having to self-isolate, but they need to pre-register. 14-day self-isolation for all other domestic travellers entering NB, except for exempt essential service providers

exemptions such as Canadian residents owning property in NB or visiting family members, QC residents going to the Magdalen Islands and QC residents from exempt border regions

Traveller self-isolation required?

Travel restrictions?

	Traveller self-isolation required?	Travel restrictions?
Nova Scotia⁶ (NS)	✘ As of July 3, residents of other Atlantic provinces (NB, PE, NL) do not need to self-isolate for 14 days when entering NS; 14-day self-isolation for all other domestic travellers entering NS, except for exempt workers from specific sectors	● As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; no travel restrictions for all other domestic travellers entering NS, but self-isolation required
Prince Edward Island^{7, 8, 9, 10, 11} (PE)	✘ As of July 3, residents of other Atlantic provinces (NB, NS, NL) do not need to self-isolate for 14 days when entering PE; 14-day self-isolation for all other admitted travellers entering PE, except for exempt essential workers	✘ As of July 28, PEI is permitting entry for family connections; approved family members are still required to self-isolate for 14 days. As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all non-essential travel into PE for all other domestic travellers with the exception of seasonal residents and their family members, and QC residents going to the Magdalen Islands
Newfoundland & Labrador^{12, 13} (NL)	✘ As of July 3, residents of other Atlantic provinces (NB, NS, PE) do not need to self-isolate for 14 days when entering NL; 14-day self-isolation for all other domestic travellers entering NL, except for asymptomatic workers from specific sectors	✘ As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all travel to NL for all other domestic travellers, except for residents and workers from key sectors and other specific exemptions as approved by the NL Chief Medical Officer of Health. As of August 31, Canadians living outside of Atlantic Canada who own a home in NL are allowed to enter but are still required to self-isolate for 14 days.
Yukon^{14, 15, 16} (YT)	✘ As of July 1, residents of BC, NT and NU do not need to self-isolate when arriving in YT as long as they did not travel/stop over outside of these jurisdictions in the 14 days prior to arrival; proof of residence required; 14-day self-isolation for all other domestic travellers entering YT, except for critical workers; self-isolation for all other domestic travellers entering YT must occur in Whitehorse, unless visiting a family member (in which case self-isolation must occur at their residence)	✘ As of July 1, no-self-isolation required for residents of YT, BC, NT and NU with proof of residency and completion of travel declaration; entry permitted for other residents of Canada following self-isolation requirements; exceptions for critical or essential service workers and those transiting to/from Alaska (24-hour limit); enforcement at land borders and airport; mandatory travel routes for transiting through YT. Several First Nations governments and communities currently have travel advisories in place. Travellers are asked to limit travel to Yukon communities (outside of Whitehorse) and travel respectfully.
Northwest Territories^{17, 18} (NT)	✘ 14-day self-isolation for all admitted travellers entering NT except for those travelling directly from NU; must self-isolate in government designated sites in Yellowknife, Inuvik, Hay River or Fort Smith	✘ As of June 12, travel bubble with NU whereby no self-isolation required if traveling directly from NU; entry permitted for NT residents or those moving to NT coming for work or attending school, critical or essential service workers, transiting to neighbouring jurisdictions (12-hour limit), transboundary First Nations people exercising treaty rights, with few exemptions; enforcement at land borders and airport
Nunavut¹⁹ (NU)	✘ 14-day self-isolation for all admitted travellers prior to travelling to NU, except for those travelling directly from NT; must self-isolate in government designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife	✘ As of June 15, travel bubble with NT whereby no self-isolation required if traveling directly from NT; as of July 13, travel bubble with Churchill, MB whereby no self-isolation required if traveling directly from Churchill; prohibition on all other travel into NU, except residents and critical workers; require written permission from the territory's Chief Public Health Officer to enter

Legend:

No measures in place ●

Some form of measures in place ✘

As of June 1, some Parks Canada places began a safe, gradual reopening of some outdoor areas at national parks, national historic sites and national marine conservation areas. Openings will differ across the country. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: <https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info#locations>

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the re-opening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism related sectors as of October 6. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place.

Tourism Related Measures

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
British Columbia ^{20, 21}	Phase 3 of 4 Starting June 24	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; maximum of 5 people may attend a daytime social gathering / event in a vacation accommodation, in addition to the occupants; visitors of the occupants cannot stay overnight	Restaurants, cafes, pubs and breweries can open for dine-in (with sufficient distancing measures and a maximum of 6 patrons per table); patrons who remain on premises after being served must be seated. As of September 8, liquor sales in all bars, lounges, pubs and restaurants must stop at 10pm and they must close by 11pm (unless full meal service is available). Stand-alone banquet halls are closed until further notice.	Most businesses and enterprises have resumed activity (with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include casinos, which remain closed, and nightclubs, which are closed until further notice. Provincial park campground reservations are open for BC residents only; preferential access to camping will be given to BC residents. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for outdoor or indoor gatherings; events like tradeshow, conferences, concerts and sporting events not considered until phase 4
Alberta ^{22, 23, 24}	Stage 2 of 3 Starting June 12	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Restaurants, lounges and bars can open (with sufficient distancing and health measures in place)	Most businesses and enterprises are permitted to reopen (with adherence to general and sector-specific guidance). Unless an exemption has been provided, the following activities are not permitted: nightclubs, amusement parks and indoor children's play places. Most parks and outdoor spaces are open; however, only selected campgrounds are open at National parks and comfort camping remains unavailable at provincial parks. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for indoor social gatherings; 200 people maximum for audience-type community outdoor events; 100 people maximum for other outdoor events and indoor seated / audience events; instrumental concerts allowed and vocal concerts for outdoor only; exhibits and tradeshow allowed with no cap on the number of people (with public health measures in place); major festivals and concerts, large conferences and events not considered until stage 3
Saskatchewan ^{25, 26, 27, 28}	Phase 4.2 Starting June 29	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. Camp-Easy sites in provincial parks are now permitted	Dine-in can open (with sufficient distancing measures)	All businesses and enterprises that were required to close can now reopen (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	30 people maximum for outdoor or indoor gatherings; tradeshow are allowed with 150 person limit and conferences are allowed but size must comply with current public health order

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Manitoba ^{29, 30, 31}	Phase 4 Starting July 25	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open (with sufficient distancing measures); bars, beverage rooms and brew pubs can open for seated service only. As of October 7 in Winnipeg, liquor service will stop between 10pm and 9am and dine-in service at licenced premises will stop between 11pm and 6am; takeout and delivery is still permitted beyond these hours; required to capture contact information of patrons; buffet-style food service is not permitted.	All businesses and enterprises that were required to close can now reopen (with adherence to health measures and sectoral guidelines). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for indoor gatherings; 100 people maximum for outdoor gatherings; stage performances and movie theatres may reopen, at a capacity of 30 per cent of the site's capacity or 500 people, whichever is lower; events like tradeshows and conferences TBD. As of September 28, Winnipeg Health region has limited indoor and outdoor gatherings to a maximum of 10 people.
Ontario ^{32, 33, 34, 35}	Ontario is implementing a regional approach through the Reopening Our Province Framework. There are 3 Phases in total. All regions of the province are now in Stage 3 of Phase 2.	Accommodations are open unless they have decided to close due to operational reasons; meeting rooms and recreational facilities can open with sufficient occupancy and distancing measures in place	Stage 3: Indoor dining areas can open (with sufficient distancing measures and following public health protocols); buffet-style food service not permitted. As of September 26, restaurants, bars and other food and drink establishments (including nightclubs) cannot sell alcohol after 11pm and establishments must close by midnight except for takeout and delivery. Effective October 3, "enhanced measures zones" (Ottawa, Peel, and Toronto) have limited indoor capacity for restaurants, bars and other food and drink establishments (including nightclubs) to a maximum of 100 patrons and permitting no more than six patrons per table.	Stage 3: Most businesses and enterprises are permitted to reopen (with public health and workplace safety restrictions in place). In addition, most parks, outdoor and public spaces are open. However, the following activities are not currently permitted: amusement and water parks, buffet-style food services, private karaoke rooms, saunas, steam rooms, bath houses, oxygen bars and table games at casinos and gaming establishments. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for indoor gatherings and 100 people maximum for outdoor gatherings; convention centres, meeting and event spaces are allowed to operate as long as they comply with health and safety requirements including following distancing measures and gathering limits. As of August 21, facilities can have up to 50 people in each indoor meeting room or event space within the facility. As of September 19, limits for unmonitored and private social gatherings were reduced to 10 people indoors and 25 people outdoors across the entire province. Indoor and outdoor events cannot be merged together. The new limits do not apply to events or gatherings held in staffed businesses and facilities, such as bars, restaurants, cinemas, convention centres, banquet halls, recreational sporting or performing art events. As of October 3, "enhanced measure zones" (Ottawa, Peel, and Toronto) have limited meeting and event facilities to six people per table and 50 people per facility.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Quebec ^{36, 37, 38, 39, 40, 41, 42, 43, 44}	<p>Quebec is implementing a regional alert system. There are 4 levels in total.</p> <p>The following regions are in the “Red” level: Montréal, Laval.</p> <p>The following regions are in the “Orange” level but have specific territories in the “Red” level: Capitale-Nationale, Chaudière-Appalaches, Lanaudière, Laurentides, Montérégie, Gaspésie–Îles-de-la-Madeleine.</p> <p>The following regions are in the “Orange” level: Outaouais, Estrie, Mauricie-et-Centre-du-Québec, Bas-Saint-Laurent.</p> <p>The following regions are in the “Yellow” level: Saguenay–Lac-Saint-Jean, Abitibi-Témiscamingue, Côte-Nord, Nord-du-Québec, Nunavik, Terres-Cries-de-la-Baie-James.</p>	<p>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; regular vacation camps with accommodation are not permitted</p>	<p>For “Red” regions: Dine-in at restaurants and bars is not allowed; only delivery and takeout permitted.</p> <p>For “Orange” regions: Maximum of 6 patrons per table and required to capture contact information of patrons; alcohol and food sales in all bars must stop at 11pm and they must close by midnight; in addition, alcohol sales at restaurants must stop at 11pm and no alcohol can be consumed after midnight.</p> <p>For “Green” and “Yellow” regions: Maximum 50% capacity, maximum of 10 patrons per table and required to capture contact information of patrons; alcohol and food sales in all bars must stop at midnight and they must close by 1am.</p>	<p>For “Red” regions: Auditoriums, cinemas, theatres, libraries, museums, saunas, and spas are closed. Organized sports and recreational activities are suspended.</p> <p>Otherwise, all business are permitted to operate (with adherence to sectoral guides and health measures related to their area of activity). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include karaoke activities at bars and public venues, which have been suspended. It is recommended to check with the facility or tourism operator directly to confirm its status.</p>	<p>For “Red” regions: Private gatherings are prohibited; activities in an organized public setting (e.g. rented halls or festival events) are prohibited; auditoriums, cinemas, theatres, libraries and museums are closed</p> <p>For “Orange” regions: Private gatherings must be limited to no more than 6 people; activities in an organized public setting (e.g. rented halls or festival events) are limited to a maximum of 25 people for indoor and outdoor; 250 people maximum for certain public indoor and outdoor venues (e.g. concert halls, theatres, cinemas)</p> <p>For “Green” and “Yellow” regions: Private gatherings must be limited to no more than 10 people; activities in an organized public setting (e.g. rented halls or festival events) are limited to a maximum of 50 people for indoor and 250 people for outdoor; 250 people maximum for certain public indoor and outdoor venues (e.g. concert halls, theatres, cinemas)</p>
New Brunswick ^{45, 46, 47}	<p>Yellow (Level 3c of 4) Starting June 19</p>	<p>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns</p>	<p>Dine-in can open at restaurants, brewpubs and taprooms (with sufficient distancing measures and are required to capture contact information of patrons)</p>	<p>All businesses and enterprises that were subject to prohibitions can now resume activities (with adherence to WorkSafeNB guidelines and health measures related to their area of activity; all business must prepare operational plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.</p>	<p>50 people maximum for uncontrolled indoor or outdoor gatherings, unless a plan is in place to ensure Public Health guidelines can be followed and plan is approved by Worksafe NB.</p> <p>Trade shows and conferences are allowed and should remain at a level which allows for physical distancing (venues with indoor events with controlled entry and/or controlled seating, are required to capture contact information on persons using the facility)</p>

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Nova Scotia ^{48, 49, 50}	No official re-opening plan in place	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Restaurants can open for dine-in and bars, wineries, distilleries and taprooms can open for in-seat service (with sufficient distancing measures)	All businesses and enterprises that were required to close can now reopen (with adherence to sector associations' government-approved Workplace COVID-19 Prevention Plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Social events and arts and culture events that are run by a recognized business or organization can have 250 people outdoors or 50% of the venue's capacity to a maximum of 200 indoors, with distancing; events not run by a recognized business or organization can have 50 people maximum indoors or outdoors. Conferences and tradeshows may operate following organized gathering limits. Four entertainment venues have been approved to reopen, including the Scotiabank Centre in Halifax and two raceways; these venues can host multiple groups of 250 outdoors and 200 indoors, as long as each group is separated in its own bubble at the venue.
Prince Edward Island ^{51, 52, 53, 54, 55}	PEI launched a new colour-coded COVID-19 alert system for the province on September 29. The province also announced that it will move to the Green ' New Normal ' phase on October 1 PEI entered Phase 4 of 4 of Renew PEI Together on June 26	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	As of October 1, dine-in can open with maximum 50 patrons indoors and additional patrons permitted on patios (with sufficient distancing measures); maximum of 20 patrons per table; no buffet style Food premises may have more than 50 patrons seated indoors following multiple gatherings guidance (separated cohorts of up to 50 persons).	All businesses and enterprises that were required to close can now reopen (with adherence to sector specific operational guidelines; business resulting in gatherings of more than 50 people must submit a COVID-19 Operational Plan and receive approval). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Personal gatherings are limited to no more than 20 persons. As of October 1, organized gatherings can have cohorts of 50 persons kept separate with no limit on the number of cohorts; gatherings over 50 people must submit an operational plan; group seating at organized gatherings of no more than 20 persons; conferences may operate following organized gathering limitations and tradeshows may be assessed on a case by case basis.
Newfoundland & Labrador ^{56, 57, 58}	Alert level 2 of 5 (moving from level 5 down to level 1) Starting June 25)	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open at restaurants, bars and lounges (at 50% capacity)	All businesses and enterprises that were required to close can now reopen (with adherence to business specific requirements and public health guidance from the Department of Health and Community Services). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Gatherings of no more than 100 people are permitted provided the gathering is operated by a recognized business or organization and where physical distancing may be maintained. All other gatherings are limited to no more than 50 people provided physical distancing may be maintained. Gatherings in large venues may operate at a capacity higher than 100 where an operating plan has been approved by a Service NL Environmental Health Officer. Organizers of gatherings must keep a record of all attendees. Events like tradeshows and conferences TBD.
Yukon ^{59, 60, 61, 62}	Phase 3 of 4 Starting August 1	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with enhanced cleaning and public health measures)	Restaurants can open at full capacity for dine-in (with sufficient distancing measures and approved operational plan); bars can open at 50% capacity (with distancing measures and approved operational plan)	All businesses and enterprises are open unless they have decided to close due to lack of demand (with adherence to health measures and with completed operational plans where required). In addition, most parks and outdoor spaces are open. Territorial campgrounds and recreation sites have closed for the season. It is recommended to check with the facility or tourism operator directly to confirm its status.	10 people maximum for indoor social gatherings; 50 people maximum for outdoor social gatherings. Organized seated events permitted in a rental facility or venue with an operational plan; indoor events 50 people or fewer; outdoor events 100 people or fewer with physical distancing; conferences and tradeshows may operate following organized gathering limits and an approved operational plan.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Northwest Territories ^{63, 64, 65, 66}	Phase 2 of 4 Starting June 12	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with control/safety measures in place)	Dine-in can open at restaurants, bars and lounges (limited capacity with sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors)	All businesses and enterprises that were required to close can now reopen (with adherence to health measures and following sectoral guidelines). In addition, most parks and outdoor spaces are open. All territorial campgrounds closed by September 30. It is recommended to check with the facility or tourism operator directly to confirm its status.	25 people maximum for indoor gatherings; 50 people maximum for outdoor activities and public events; events like tradeshows and conferences TBD
Nunavut ^{67, 68, 69}	Every two weeks after June 1, the Chief Public health Officer will decide which measures can be eased, maintained or if additional restrictions are needed	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	As of October 5, dine-in can open with regular hours at 75% capacity (with sufficient distancing measures); maximum of 6 patrons per table	All businesses and enterprises that were required to close can now reopen (with adherence to health measures and following sectoral guidelines). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	As of October 5, maximum of 15 people for indoor gatherings and 100 people for outdoor gatherings; museums, libraries, and galleries can have a maximum 25 persons or 50% of the rated capacity of the room; limits for conference facilities and rental meeting spaces has been set at 100 people or 75% of capacity for the facility, whichever is less

2. METHODOLOGICAL NOTES

I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:

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