

# COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: September 22, 2020

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

- Travel-Related Measures:** A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada's website: <https://caen-keepexploring.canada.travel/canada-nice#canadamap>
- Methodological Notes:** An explanation of the methodologies in the different sections and relevant sources.

## 1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating 14-day self-isolation for those who are eligible to enter Canada<sup>1</sup>, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of September 22, 2020.

### Travel Measures

	Traveller self-isolation required?	Travel restrictions?
<b>British Columbia (BC)</b>	● No self-isolation for domestic travellers entering BC	● As of July 30, all non-resident travel to Haida Gwaii is restricted; otherwise, no travel restrictions for domestic travellers entering BC
<b>Alberta (AB)</b>	● No self-isolation for domestic travellers entering AB	● No travel restrictions for domestic travellers entering AB
<b>Saskatchewan (SK)</b>	● No self-isolation for domestic travellers entering SK	● No travel restrictions for domestic travellers entering SK
<b>Manitoba<sup>2</sup> (MB)</b>	✗ Residents of Western Canada and Northwestern Ontario do not need to self-isolate for 14 days when entering MB; 14-day self-isolation for all other domestic travellers entering MB, except for essential workers.	✗ No travel restrictions for domestic travellers entering MB, but self-isolation required (except for residents of Western Canada and Northwestern Ontario). Beginning September 3, Manitoba will be re-implementing travel restrictions to northern Manitoba, but travellers will be permitted to travel directly to resorts, lodges and campgrounds.
<b>Ontario (ON)</b>	● No self-isolation for domestic travellers entering ON	● No travel restrictions for domestic travellers entering ON
<b>Quebec<sup>3</sup> (QC)</b>	● No self-isolation for domestic travellers entering QC	● Access is not allowed to Nunavik and James Bay; otherwise, no travel restrictions for domestic travellers entering QC
<b>New Brunswick<sup>4, 5</sup> (NB)</b>	✗ As of July 3, residents of other Atlantic provinces (NS, PE, NL) do not need to self-isolate for 14 days when entering NB. As of September 17, visitors from two QC border regions (Avignon Municipal Regional County and Listuguj First Nation) can enter NB for day trips only, without having to self-isolate, but they need to pre-register. 14-day self-isolation for all other domestic travellers entering NB, except for exempt essential service providers	✗ As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all non-essential travel into NB for all other domestic travellers, except for workers and other specific exemptions such as Canadian residents owning property in NB or visiting family members, QC residents going to the Magdalen Islands and QC residents from exempt border regions

	Traveller self-isolation required?	Travel restrictions?
<b>Nova Scotia<sup>6</sup> (NS)</b>	✘ As of July 3, residents of other Atlantic provinces (NB, PE, NL) do not need to self-isolate for 14 days when entering NS; 14-day self-isolation for all other domestic travellers entering NS, except for exempt workers from specific sectors	● As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; no travel restrictions for all other domestic travellers entering NS, but self-isolation required
<b>Prince Edward Island<sup>7, 8, 9, 10, 11</sup> (PE)</b>	✘ As of July 3, residents of other Atlantic provinces (NB, NS, NL) do not need to self-isolate for 14 days when entering PE; 14-day self-isolation for all other admitted travellers entering PE, except for exempt essential workers	✘ As of July 28, PEI is permitting entry for family connections; approved family members are still required to self-isolate for 14 days. As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all non-essential travel into PE for all other domestic travellers with the exception of seasonal residents and their family members, and QC residents going to the Magdalen Islands
<b>Newfoundland &amp; Labrador<sup>12, 13</sup> (NL)</b>	✘ As of July 3, residents of other Atlantic provinces (NB, NS, PE) do not need to self-isolate for 14 days when entering NL; 14-day self-isolation for all other domestic travellers entering NL, except for asymptomatic workers from specific sectors	✘ As of July 3, travel bubble with other Atlantic provinces whereby no-self-isolation required for Atlantic Canadian residents; prohibition on all travel to NL for all other domestic travellers, except for residents and workers from key sectors and other specific exemptions as approved by the NL Chief Medical Officer of Health. As of August 31, Canadians living outside of Atlantic Canada who own a home in NL are allowed to enter but are still required to self-isolate for 14 days.
<b>Yukon<sup>14, 15, 16</sup> (YT)</b>	✘ As of July 1, residents of BC, NT and NU do not need to self-isolate when arriving in YT as long as they did not travel/stop over outside of these jurisdictions in the 14 days prior to arrival; proof of residence required; 14-day self-isolation for all other domestic travellers entering YT, except for critical workers; self-isolation for all other domestic travellers entering YT must occur in Whitehorse, unless visiting a family member (in which case self-isolation must occur at their residence)	✘ As of July 1, no-self-isolation required for residents of YT, BC, NT and NU with proof of residency and completion of travel declaration; entry permitted for other residents of Canada following self-isolation requirements; exceptions for critical or essential service workers and those transiting to/from Alaska (24-hour limit); enforcement at land borders and airport; mandatory travel routes for transiting through YT. Several First Nations governments and communities currently have travel advisories in place. Travellers are asked to limit travel to Yukon communities (outside of Whitehorse) and travel respectfully.
<b>Northwest Territories<sup>17, 18</sup> (NT)</b>	✘ 14-day self-isolation for all admitted travellers entering NT except for those travelling directly from NU; must self-isolate in government designated sites in Yellowknife, Inuvik, Hay River or Fort Smith	✘ As of June 12, travel bubble with NU whereby no self-isolation required if traveling directly from NU; entry permitted for NT residents or those moving to NT coming for work or attending school, critical or essential service workers, transiting to neighbouring jurisdictions (12-hour limit), transboundary First Nations people exercising treaty rights, with few exemptions; enforcement at land borders and airport
<b>Nunavut<sup>19</sup> (NU)</b>	✘ 14-day self-isolation for all admitted travellers prior to travelling to NU, except for those travelling directly from NT; must self-isolate in government designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife	✘ As of June 15, travel bubble with NT whereby no self-isolation required if traveling directly from NT; as of July 13, travel bubble with Churchill, MB whereby no self-isolation required if traveling directly from Churchill; prohibition on all other travel into NU, except residents and critical workers; require written permission from the territory's Chief Public Health Officer to enter

Legend:

No measures in place ●

Some form of measures in place ✘

As of June 1, some Parks Canada places began a safe, gradual reopening of some outdoor areas at national parks, national historic sites and national marine conservation areas. Openings will differ across the country. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: <https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info#locations>

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the re-opening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism related sectors as of September 22, 2020. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place.

## Tourism Related Measures

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
<b>British Columbia</b> <sup>20, 21</sup>	<a href="#">Phase 3</a> of 4 Starting June 24	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; maximum of 5 people may attend a daytime social gathering / event in a vacation accommodation, in addition to the occupants; visitors of the occupants cannot stay overnight	Restaurants, cafes, pubs and breweries can open for dine-in (with sufficient distancing measures and a maximum of 6 patrons per table); patrons who remain on premises after being served must be seated.  As of September 8, liquor sales in all bars, lounges, pubs and restaurants must stop at 10:00 pm and they must close by 11:00 pm (unless full meal service is available). Stand-alone banquet halls are closed until further notice.	Most businesses and enterprises have resumed activity (with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include casinos, which remain closed, and nightclubs, which are closed until further notice. Provincial park campground reservations are open for BC residents only; preferential access to camping will be given to BC residents. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for outdoor or indoor gatherings; events like tradeshows, conferences, concerts and sporting events not considered until phase 4
<b>Alberta</b> <sup>22, 23, 24</sup>	<a href="#">Stage 2</a> of 3 Starting June 12	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Restaurants, lounges and bars can open (with sufficient distancing and health measures in place)	Most businesses and enterprises are permitted to reopen (with adherence to general and sector-specific guidance). Unless an exemption has been provided, the following activities are not permitted: nightclubs, amusement parks and indoor children's play places. Most parks and outdoor spaces are open; however, only selected campgrounds are open at National parks and comfort camping remains unavailable at provincial parks. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for indoor social gatherings; 200 people maximum for audience-type community outdoor events; 100 people maximum for other outdoor events and indoor seated / audience events; instrumental concerts allowed and vocal concerts for outdoor only; exhibits and tradeshows allowed with no cap on the number of people (with public health measures in place); major festivals and concerts, large conferences and events not considered until stage 3
<b>Saskatchewan</b> <sup>25, 26, 27, 28</sup>	<a href="#">Phase 4.2</a> Starting June 29	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. Camp-Easy sites in provincial parks are now permitted	Dine-in can open (with sufficient distancing measures)	All businesses and enterprises that were required to close can now reopen (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	30 people maximum for outdoor or indoor gatherings; tradeshows are allowed with 150 person limit and conferences are allowed but size must comply with current public health order
<b>Manitoba</b> <sup>29, 30</sup>	<a href="#">Phase 4</a> Starting July 25	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open (with sufficient distancing measures); bars, beverage rooms and brew pubs can open for seated service only	All businesses and enterprises that were required to close can now reopen (with adherence to health measures and sectoral guidelines). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for indoor gatherings; 100 people maximum for outdoor gatherings; events like tradeshows and conferences TBD.  As of September 18, all additional Prairie Mountain Health region gathering restrictions have been lifted.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
<b>Ontario</b> <sup>31, 32, 33, 34</sup>	<p>Ontario is implementing a <a href="#">regional approach</a> through the Reopening Our Province Framework. There are 3 Phases in total.</p> <p>All regions of the province are now in <a href="#">Stage 3</a> of Phase 2.</p>	<p>Accommodations are open unless they have decided to close due to operational reasons; meeting rooms and recreational facilities can open with sufficient occupancy and distancing measures in place</p>	<p>Stage 3: Indoor dining areas can open (with sufficient distancing measures and following public health protocols); buffet-style food service not permitted</p>	<p>Stage 3: Most businesses and enterprises are permitted to reopen (with public health and workplace safety restrictions in place). In addition, most parks, outdoor and public spaces are open. However, the following activities are not yet permitted: amusement and water parks, buffet-style food services, private karaoke rooms, saunas, steam rooms, bath houses, oxygen bars and table games at casinos and gaming establishments. It is recommended to check with the facility or tourism operator directly to confirm its status.</p>	<p>50 people maximum for indoor gatherings and 100 people maximum for outdoor gatherings; convention centres, meeting and event spaces are allowed to operate as long as they comply with health and safety requirements including following distancing measures and gathering limits. As of August 21, facilities can have up to 50 people in each indoor meeting room or event space within the facility.</p> <p>As of September 19, limits for unmonitored and private social gatherings were reduced to 10 people indoors and 25 people outdoors across the entire province. Indoor and outdoor events cannot be merged together. The new limits do not apply to events or gatherings held in staffed businesses and facilities, such as bars, restaurants, cinemas, convention centres, banquet halls, recreational sporting or performing art events.</p>
<b>Quebec</b> <sup>35, 36, 37, 38, 39, 40, 41</sup>	<p>Quebec is implementing a <a href="#">regional alert system</a>. There are 4 levels in total.</p> <p>The following regions are in the "Orange" level: Montréal, Outaouais, Chaudière-Appalaches, and Laval.</p> <p>The following regions are in the "Yellow" level but have specific territories in the "Orange" level: Capitale-Nationale.</p> <p>The following regions are in the "Yellow" level: Bas-Saint-Laurent, Estrie, and Montérégie.</p> <p>The following regions are in the "Green" level but have specific territories in the "Yellow" level: Mauricie-et-Centre-du-Québec, Lanaudière, and Laurentides.</p> <p>All other regions remain in the "Green" level.</p>	<p>Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; regular vacation camps with accommodation are not permitted</p>	<p>Dine-in can open (with sufficient distancing measures); bars can open at 50% capacity for seated service only and are required to capture contact information of patrons.</p> <p>For "Green" and "Yellow" regions: Maximum of 10 patrons per table; alcohol and food sales in all bars must stop at midnight and they must close by 1am.</p> <p>For "Orange" regions: Maximum of 6 patrons per table; alcohol and food sales in all bars must stop at 11pm and they must close by midnight; in addition, alcohol sales at restaurants must stop at 11pm and no alcohol can be consumed after midnight.</p>	<p>All businesses and enterprises that were subject to prohibitions can now resume activities (with adherence to sectoral guides and health measures related to their area of activity). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include karaoke activities at bars and public venues, which have been suspended. It is recommended to check with the facility or tourism operator directly to confirm its status.</p>	<p>250 people maximum for certain public indoor and outdoor venues (e.g. concert halls, theatres, cinemas) ; events like tradeshow and conferences TBD</p> <p>For "Green" and "Yellow" regions: Private gatherings must be limited to no more than 10 people; activities in an organized public setting (e.g. rented halls or festival events) are limited to a maximum of 50 people for indoor and 250 people for outdoor</p> <p>For "Orange" regions: Private gatherings must be limited to no more than 6 people or 2 families; activities in an organized public setting (e.g. rented halls or festival events) are limited to a maximum of 25 people for indoor and outdoor</p>

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
<b>New Brunswick</b> <sup>42, 43</sup>	<a href="#">Yellow</a> (Level 3c of 4) Starting June 19	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open at restaurants, brewpubs and taprooms (with sufficient distancing measures and are required to capture contact information of patrons)	All businesses and enterprises that were subject to prohibitions can now resume activities (with adherence to WorkSafeNB guidelines and health measures related to their area of activity; all business must prepare operational plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Trade shows and conferences are allowed (venues with indoor events with controlled entry and/or controlled seating, are required to capture contact information on persons using the facility)
<b>Nova Scotia</b> <sup>44, 45, 46</sup>	No official re-opening plan in place	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Restaurants can open for dine-in and bars, wineries, distilleries and taprooms can open for in-seat service (with sufficient distancing measures)	All businesses and enterprises that were required to close can now reopen (with adherence to sector associations' government-approved Workplace COVID-19 Prevention Plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Social events and arts and culture events that are run by a recognized business or organization can have 250 people outdoors or 50% of the venue's capacity to a maximum of 200 indoors, with distancing. Four entertainment venues have been approved to reopen, including the Scotiabank Centre in Halifax and two raceways; these venues can host multiple groups of 250 outdoors and 200 indoors, as long as each group is separated in its own bubble at the venue.
<b>Prince Edward Island</b> <sup>47, 48, 49</sup>	<a href="#">Phase 4</a> of 4 Starting June 26	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in open, up to 50 persons with additional persons permitted on patio; no buffet style	All businesses and enterprises that were required to close can now reopen (with adherence to sector specific operational guidelines; business resulting in gatherings of more than 50 people must submit a COVID-19 Operational Plan and receive approval). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	50 people maximum for larger outdoor or indoor gatherings; facilities with larger spaces can accommodate more than one gathering at a time and are permitted to have up to three cohorts of no more than 50 people indoor or outdoor; 15 people maximum for indoor and 20 people maximum for outdoor personal gatherings; events like tradeshow and conferences TBD
<b>Newfoundland &amp; Labrador</b> <sup>50, 51, 52, 53</sup>	<a href="#">Alert level 2</a> of 5 (moving from level 5 down to level 1) Starting June 25)	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open at restaurants, bars and lounges (at 50% capacity)	All businesses and enterprises that were required to close can now reopen (with adherence to business specific requirements and public health guidance from the Department of Health and Community Services). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	As of August 24, gatherings of no more than 100 people are permitted provided the gathering is operated by a recognized business or organization and where physical distancing may be maintained. All other gatherings are limited to no more than 50 people provided physical distancing may be maintained. Gatherings in large venues may operate at a capacity higher than 100 where an operating plan has been approved by a Service NL Environmental Health Officer. Organizers of gatherings must keep a record of all attendees. Events like tradeshow and conferences TBD.
<b>Yukon</b> <sup>54, 55, 56</sup>	<a href="#">Phase 3</a> of 4 Starting August 1	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with enhanced cleaning and public health measures)	Restaurants can open at full capacity for dine-in (with sufficient distancing measures and approved operational plan); bars can open at 50% capacity (with distancing measures and approved operational plan)	All businesses and enterprises are open unless they have decided to close due to lack of demand (with adherence to health measures and with completed operational plans where required). In addition, most parks and outdoor spaces are open. However, many territorial campgrounds have closed for the season. Note that people who are required to self-isolate are not permitted to use territorial parks and campgrounds. It is recommended to check with the facility or tourism operator directly to confirm its status.	10 people maximum for indoor social gatherings; 50 people maximum for outdoor social gatherings. Organized seated events permitted in a rental facility or venue with an operational plan; indoor events 50 people or fewer; outdoor events 100 people or fewer with physical distancing.

	<b>Current Phase/Stage</b>	<b>Hotels &amp; Accommodation</b>	<b>Restaurants &amp; Dining</b>	<b>Activities &amp; Attractions</b>	<b>Large Gatherings/ Conferences</b>
<b>Northwest Territories</b> <sup>57, 58, 59</sup>	<a href="#">Phase 2</a> of 4 Starting June 12	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with control/safety measures in place)	Dine-in can open at restaurants, bars and lounges (limited capacity with sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors)	All businesses and enterprises that were required to close can now reopen (with adherence to health measures and following sectoral guidelines). In addition, most parks and outdoor spaces are open. Exceptions include park buildings, which remain closed. It is recommended to check with the facility or tourism operator directly to confirm its status.	25 people maximum for indoor gatherings; 50 people maximum for outdoor activities and public events; events like tradeshows and conferences TBD
<b>Nunavut</b> <sup>60, 61</sup>	Every two weeks after June 1, the Chief Public health Officer will decide which measures can be eased, maintained or if additional restrictions are needed	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open with regular hours (at 50% capacity and with sufficient distancing measures)	All businesses and enterprises that were required to close can now reopen (with adherence to health measures and following sectoral guidelines). In addition, most parks and outdoor spaces are open. Exceptions include: park buildings, which remain closed. It is recommended to check with the facility or tourism operator directly to confirm its status.	10 people maximum for indoor gatherings; 50 people maximum for outdoor gatherings; limits for conference facilities and rental meeting spaces has been set at 50 people or 50% of capacity for the facility, whichever is less



## 2. METHODOLOGICAL NOTES

**I. Travel-Related Measures:** In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

### Sources:

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- <sup>2</sup> Manitoba Government, State of Emergency, September 17, 2020 <https://www.gov.mb.ca/covid19/soe.html>
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- <sup>6</sup> Government of Nova Scotia, Coronavirus (COVID-19): restrictions and guidance, September 22, 2020 <https://novascotia.ca/coronavirus/restrictions-and-guidance/>
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- <sup>11</sup> Government of Prince Edward Island, Apply to Enter PEI as a Seasonal Resident, September 22, 2020 <https://www.princeedwardisland.ca/en/service/apply-to-enter-pei-as-a-seasonal-resident>
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- <sup>13</sup> Government of Newfoundland and Labrador, For Travellers, September 22, 2020 <https://www.gov.nl.ca/covid-19/individuals-and-households/travel-advice-2/>
- <sup>14</sup> Government of Yukon, Information for people entering Yukon, July 1, 2020 <https://yukon.ca/en/handout-information-people-entering-yukon>
- <sup>15</sup> Government of Yukon, Border enforcement during COVID-19, September 22, 2020 <https://yukon.ca/en/health-and-wellness/covid-19/border-enforcement-during-covid-19>
- <sup>16</sup> Government of Yukon, Travel to Yukon communities guidelines: COVID-19, September 22, 2020 <https://yukon.ca/en/health-and-wellness/covid-19-information/borders-and-travel-covid-19/travel-within-yukon-communities>
- <sup>17</sup> Government of Northwest Territories, Travellers arriving in the NWT, August 21, 2020 <https://www.gov.nt.ca/covid-19/en/services/travel-moving-around/travellers-arriving-nwt>
- <sup>18</sup> Government of Northwest Territories, Public Health Order – COVID-19 Travel Restrictions and Self-Isolation Protocol, June 12, 2020 <https://www.gov.nt.ca/covid-19/sites/covid/files/resources/public-health-order-covid-19-travel-restrictions-self-isolation-protocol-amended-june-12-2020.pdf>
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- <sup>29</sup> Government of Manitoba, Restoring Services: Phase 4, September 22, 2020  
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