

# COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: January 20, 2021

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

- Travel-Related Measures:** A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada's website: <https://caen-keepexploring.canada.travel/canada-nice#canadamap>
- Methodological Notes:** An explanation of the methodologies in the different sections and relevant sources.

## 1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating 14-day self-isolation for those who are eligible to enter Canada<sup>1</sup>, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of January 20, 2021.

### Travel Measures

	Traveller self-isolation required?	Travel restrictions?
<b>British Columbia</b> 2, 3 (BC)	● No self-isolation for domestic travellers entering BC	✗ All non-resident travel to Haida Gwaii is restricted. Otherwise, no travel restrictions for domestic travellers entering BC; however, people travelling to BC from another province or territory within Canada should only come for essential reasons. British Columbians are urged to avoid non-essential travel; this includes all travel into and out of BC and between regions of the province.
<b>Alberta</b> 4, 5 (AB)	● No self-isolation for domestic travellers entering AB. Eligible international travellers returning to Alberta at the Calgary International Airport or Coutts land border crossing can participate in a pilot program that will allow them to quarantine for less time (approximately 48 hours) provided they test negative for COVID-19 and if they commit to following specific public health and testing measures.	● No travel restrictions for domestic travellers entering AB. However, all out-of-town travel is discouraged; this includes travel into and out of AB and between regions of the province.
<b>Saskatchewan</b> (SK)	● No self-isolation for domestic travellers entering SK	● No travel restrictions for domestic travellers entering SK
<b>Manitoba</b> 6 (MB)	✗ Residents of Western Canada and Northwestern Ontario do not need to self-isolate for 14 days when entering MB; 14-day self-isolation for all other domestic travellers entering MB, except for essential workers.	✗ No travel restrictions for domestic travellers entering MB, but self-isolation required (except for residents of Western Canada and Northwestern Ontario). Travel to and from northern Manitoba is restricted and non-essential travel is discouraged.
<b>Ontario</b> 7, 8 (ON)	● 14-day self-isolation requested for all travellers entering ON	✗ No travel restrictions for domestic travellers entering ON, but 14 day self-isolation requested. Travel between regions within ON should only be for essential purposes.
<b>Quebec</b> 9 (QC)	● No self-isolation for domestic travellers entering QC	✗ No travel restrictions for domestic travellers entering QC. Travel between regions within QC should only be for essential purposes.  As of January 9, QC is implementing a curfew between the hours of 8pm to 5am; people are prohibited to move outside of their homes during these hours with few exceptions (e.g. going to work or medical reasons)
<b>New Brunswick</b> 10, 11 (NB)	✗ 14-day self-isolation for all domestic travellers entering NB, except for specific exemptions	✗ As of January 8, prohibition on all non-essential travel into NB for all domestic travellers, except for workers and other specific exemptions (e.g. medical reasons) and QC residents from Listuguj First Nation and Pointe-a-la-Croix who have pre-registered and been approved to enter for essential services.
<b>Nova Scotia</b> 12, 13 (NS)	✗ 14-day self-isolation for all domestic travellers entering NS, except for exempt workers from specific sectors and residents of PE and NL	● No travel restrictions for all domestic travellers entering NS, but self-isolation required; residents of PE and NL are not required to self-isolate

	Traveller self-isolation required?	Travel restrictions?
<b>Prince Edward Island</b> <sup>14, 15</sup> (PE)	✘ 14-day self-isolation for all admitted travellers entering PE, except for exempt essential workers and PE residents travelling for essential purposes (e.g. medical appointment) who return the same day	✘ Prohibition on all non-essential travel into PE, non-residents need to apply for pre-travel approval, including a 14 day self-isolation plan; exception for QC residents going to the Magdalen Islands
<b>Newfoundland &amp; Labrador</b> <sup>16</sup> (NL)	✘ 14-day self-isolation for all travellers entering NL, except for asymptomatic workers from specific sectors	✘ Atlantic residents (NB, NS, PE) are permitted to enter NL but are required to self-isolate for 14 days; prohibition on travel to NL for all other domestic travellers, except for residents and workers from key sectors and other specific exemptions as approved by the NL Chief Medical Officer of Health. Canadians living outside of Atlantic Canada who own a home in NL are allowed to enter but are still required to self-isolate for 14 days.
<b>Yukon</b> <sup>17, 18, 19, 20</sup> (YT)	✘ Mandatory self-isolation for all domestic travelers entering YT, except for critical workers from BC, NT and NU; critical service workers entering YT from all other Canadian jurisdictions must self-isolate; self-isolation must occur in Whitehorse, unless visiting a family member (in which case self-isolation must occur at their residence)	✘ Entry permitted for Canadians following self-isolation requirements, with few exceptions; enforcement at land borders and airport; mandatory travel routes for transiting through YT. Several First Nations governments and communities currently have travel advisories in place. Travellers are asked to limit travel to Yukon communities and travel respectfully. The government does not recommend non-essential travel to the territory.
<b>Northwest Territories</b> <sup>21, 22, 23</sup> (NT)	✘ 14-day self-isolation for all admitted travellers entering NT; must self-isolate in government designated sites in Yellowknife, Inuvik, Hay River or Fort Smith	✘ Prohibition on travel to NT for all domestic travellers; entry permitted for NT residents or those moving to NT coming for work or attending school, critical or essential service workers, transiting to neighbouring jurisdictions (12-hour limit), transboundary First Nations people exercising treaty rights, Nunavut patients in the NT for medical treatment, with few exemptions; enforcement at land borders and airport
<b>Nunavut</b> <sup>24</sup> (NU)	✘ 14-day self-isolation for all admitted travellers prior to travelling to NU, except for those travelling directly from NT and Churchill, MB; must self-isolate in government designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife	✘ Travel bubble with Churchill, MB whereby no self-isolation required if travelling directly from Churchill; mutual travel bubble with NT is suspended, but those travelling directly from NT may still enter NU with no self-isolation required; prohibition on all other travel into NU, except residents and critical workers; require written permission from the territory's Chief Public Health Officer to enter. Non-essential travel within NU is not recommended.

Legend:

No measures in place ●

Some form of measures in place ✘

While some Parks Canada places remain open, others are fully or partially closed in the fall and winter seasons. Access to visitor facilities and services may be limited. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: <https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info#locations>

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the re-opening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism related sectors as of January 20, 2021. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

## Tourism Related Measures

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
<b>British Columbia</b> 25, 26	The phased approach to BC's Restart Plan is on pause for the duration of province-wide restrictions	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns.  Vacation accommodations are limited to those who reside together, or if a person lives on their own, up to two other persons with whom the person regularly interacts.	Restaurants, cafes, pubs and breweries can open for dine-in (with sufficient distancing measures and a maximum of 6 patrons per table); patrons who remain on premises after being served must be seated.  Liquor sales in all bars, lounges, pubs and restaurants must stop at 10pm and they must close by 11pm (unless full meal service is available). Stand-alone banquet halls are closed until further notice.	Most businesses and enterprises are permitted to operate (with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include casinos, which remain closed, and nightclubs, which are closed until further notice. Provincial park campground reservations are open for BC residents only; preferential access to camping will be given to BC residents. It is recommended to check with the facility or tourism operator directly to confirm its status.  In-person events and community-based gatherings are suspended; this includes seasonal activities such as indoor and outdoor holiday events (with the exception of drive-in and drop-off events), musical or theatre performances, movie viewings in cinemas, and outdoor skating events.	Indoor and outdoor social gatherings of any size are not permitted with anyone other than those within a core bubble (core bubble includes immediate family or people in the same dwelling; for some a core bubble may include a partner, relative, friend, or co-partner who lives in a different household)  Business meetings (outside the workplace) and conferences are prohibited.
<b>Alberta</b> 27, 28	<a href="#">Stage 2</a> of 3 Starting June 12  Regions have been classified into "Enhanced", "Watch" and "Open" depending on their level of risk.  For current region classifications, see <a href="#">COVID-19 relaunch status map</a> .	Hotels, motels, hunting and fishing lodges may remain open, but with no in-person dining and access to recreational facilities	All restaurants, bars, pubs, cafes and lounges are closed to in-person service; takeout, curbside pickup and delivery services are allowed	All retail businesses are limited to 15% capacity; all entertainment businesses and entities must close, including museums, art galleries, casinos, amusement parks, theatres, concert halls, and arenas.  Most parks and outdoor spaces are open; however, only selected campgrounds are open at National parks and comfort camping remains unavailable at provincial parks. It is recommended to check with the facility or tourism operator directly to confirm its status.	All indoor social gatherings - public or private - are prohibited; all out-of-town visitors cannot stay in other people's homes, regardless of where they are coming from.  As of January 18, outdoor social gatherings can have up to 10 people.  All banquet halls, conference centres and trade shows are closed; all outdoor performances with audiences and all indoor group performances are prohibited.
<b>Saskatchewan</b> 29, 30, 31, 32, 33	<a href="#">Phase 4.2</a> Starting June 29	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open (with sufficient distancing measures)  Maximum of 4 people per table and establishments are required to capture contact information of patrons	All businesses and enterprises are permitted to operate (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.  All nightclubs in Saskatchewan must adhere to a maximum of 6 patrons per table, with no mingling between tables, and no karaoke and dance floors. In addition, nightclubs in Saskatoon must prohibit alcohol consumption after 10pm and close to patrons at 11pm; entertainment transportation services (e.g., limousines and party buses) are not permitted. Capacity is restricted to 30 people at all arenas, live theatres, movie theatres, and performing arts venues; large retail locations are limited to 50% capacity; casinos are closed; retail services must reduce capacity to 50% and large retail locations must limit to 25% capacity.	Indoor public banquets and conferences in public venues are limited to 30 people; food or beverages may not be present or served.  Private indoor gatherings are limited to the immediate household only. Single individuals are permitted to meet with one, consistent household of less than 5 individuals. Outdoor gathering sizes are limited 10 people, provided physical distancing of households can be maintained.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
<b>Manitoba</b> <sup>34, 35, 36</sup>	All regions in Manitoba are in the <a href="#">red (critical)</a> response level	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; conference rooms and recreational facilities are not permitted	All restaurants in Manitoba are closed with the exception of take out and delivery services.	Only essential services remain open in Manitoba. All casinos, museums, galleries, movie theatres and concert halls are closed.  Ice fishing is permitted; ice fishing shelters are considered to be an indoor space and restricted to members from one household per shelter.	Social contacts must be reduced to your household only; all indoor and outdoor social gatherings are not permitted.
<b>Ontario</b> <sup>37, 38, 39</sup>	Effective January 14, the government is issuing a stay-at-home order requiring everyone to remain at home with exceptions for essential purposes, accessing health care services, for exercise or for essential work.  Additional restrictions are in place and reinforces that Ontarians should stay at home as much as possible to minimize transmission of the virus.  The current <a href="#">COVID-19 Response Framework</a> will be paused at this time.	Accommodations remain open unless they have decided to close due to operational reasons.  Short-term rentals (e.g., cottages, cabins) are only to be provided to individuals who are in need of housing.  Meeting rooms and recreational facilities are not permitted (with limited exceptions).	All restaurants and bars are closed to in-person service; only takeout, drive-thru and delivery are permitted	Concert venues, theatres and cinemas are closed; museums and cultural amenities, night clubs, zoos, aquariums, amusement parks, casinos, and tour/guide services are closed to the public; drive-in and drive-through events are not permitted.  Ski hills are closed but some outdoor recreational amenities (e.g., tobogganing, skating) remain open (following physical distancing requirements).  Retail businesses selling essential goods are limited to 50% capacity and big box retailers are limited to 25% capacity; most other retailers are closed to in-person shopping or are open by appointment only; all retailers are permitted to offer curbside pick-up or delivery. Non-essential retailers can only operate between 7am and 8pm.	No indoor organized public events and social gatherings outside one's household (with limited exceptions). Maximum 5 people for outdoor organized public events and social gatherings and must comply with public health advice on physical distancing.
<b>Quebec</b> <sup>40, 41, 42</sup>	Quebec has a <a href="#">regional alert system</a> in place. There are 4 levels in total: Level 1 - Vigilance (green), Level 2 - Early Warning (yellow), Level 3 - Alert (orange), and Level 4 - Maximum Alert (red).  As of January 9, all regions in Quebec are in the Maximum Alert (red) level, except for the James Bay and Nunavik, which are in the Alert (orange) level.  For current region classifications, see <a href="#">Alert levels map</a> .	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	As of January 9, for "Red" regions: All restaurants and bars are closed to in-person service; only takeout, drive-thru and delivery are permitted. During the 8pm to 5am curfew, only delivery service is allowed.  For "Orange" regions: Maximum of 6 patrons per table and required to capture contact information of patrons; alcohol and food sales in all bars must stop at 11pm and they must close by midnight; in addition, alcohol sales at restaurants must stop at 11pm and no alcohol can be consumed after midnight.	As of January 9, for "Red" regions: All <a href="#">non-priority business</a> must close to in-person service; however, all businesses are permitted to offer curbside pick-up. Businesses which are permitted to open must only provide essential goods and services; all businesses must close by 7:30pm to abide by the 8pm curfew.  Auditoriums, cinemas, theatres, museums, saunas and spas are closed. Ski hills remain open and sport and recreational activities are limited to members of immediate households only.  For "Orange" regions: All business are permitted to operate (with adherence to sectoral guides and health measures related to their area of activity). It is recommended to check with the facility or tourism operator directly to confirm its status.	As of January 9, for "Red" regions: All private gatherings are prohibited; all activities organized in a public place are prohibited.  For "Orange" regions: Private gatherings must be limited to no more than 6 people; activities in an organized public setting (e.g. rented halls or festival events) are limited to a maximum of 25 people for indoor and outdoor; 250 people maximum for certain public indoor and outdoor venues (e.g. concert halls, theatres, cinemas)
<b>New Brunswick</b> <sup>43, 44</sup>	As of January 19, Zones 1 (Moncton), 2 (Saint John), 3 (Fredericton) and 4 (Edmundston) are in the <a href="#">Red level</a> .  Zones 5 (Campbellton), 6 (Bathurst) and 7 (Miramichi) are in the <a href="#">Orange level</a> .	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Orange Level: Dine-in can open at restaurants, brewpubs and taprooms with sufficient distancing measures and are required to capture contact information of patrons; in addition, patrons must be seated at all times and are restricted to members of a single household bubble.  Red Level: All food and beverage are closed to in-person service; only takeout, drive-thru and delivery are permitted.	Orange Level: All businesses and enterprises are permitted to operate (with adherence to WorkSafeNB guidelines and health measures related to their area of activity; all business must prepare operational plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.  Casinos, amusement centres, cinemas and large live performance venues may operate under a COVID-19 operational plan with maximum capacity of 50 people (or fewer depending on the size of the venue)  Red Level: Same as Orange Level except spas, ski hills, outdoor skating rinks, casinos, amusement centres, cinemas, recreational businesses or facilities, and large live performance venues are closed.	Orange Level: Single household bubble; outdoor gatherings of 25 people or fewer are permitted; physical distancing is required in all settings if coming in contact with people from outside a household bubble.  Venues with indoor events with controlled entry and/or controlled seating, are required to capture contact information on persons using the facility and have a COVID-19 operational plan.  Red Level: Single household bubble; outdoor gatherings of 5 people or fewer are permitted.
<b>Nova Scotia</b> <sup>45, 46, 47</sup>	No official re-opening plan in place	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Restaurants can open for dine-in and bars, wineries, distilleries and taprooms can open for in-seat service (with sufficient distancing measures and restricted hours)	Most businesses and enterprises are permitted to operate (with adherence to sector associations' government-approved Workplace COVID-19 Prevention Plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.  As of January 11, retail stores are limited to 50% capacity.	Gatherings in a home and in the community are limited to 10 people. Social events, festivals, special events, arts/cultural events and sports events are not permitted.



	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
<b>Prince Edward Island</b> <sup>48, 49</sup>	As of January 6, PEI is implementing <a href="#">post circuit breaker measures</a>	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	As of January 6, dine-in can open with maximum 50 patrons (with sufficient distancing measures); all patrons must remain seated with a maximum of 10 patrons per table; establishments must close by 11pm.  Food premises may have more than 50 patrons with an approved operational plan	As of January 6, museums and libraries are limited to 50% capacity and retail stores remain limited to 50% capacity.  Otherwise, businesses and enterprises are permitted to operate (with adherence to sector specific operational guidelines). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	As of January 6, all indoor and outdoor personal gatherings are limited to 10 people; organized gatherings are limited to 50 people but may have two additional multiples of 50 people permitted (up to 150 total) with an approved operational plan
<b>Newfoundland &amp; Labrador</b> <sup>50, 51, 52</sup>	<a href="#">Alert level 2</a> of 5 (moving from level 5 down to level 1) Starting June 25	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open at restaurants, bars and lounges (at 50% capacity)	All businesses and enterprises are permitted to operate (with adherence to business specific requirements and public health guidance from the Department of Health and Community Services). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	Gatherings of no more than 100 people are permitted provided the gathering is operated by a recognized business or organization and where physical distancing may be maintained. All other gatherings are limited to no more than 50 people provided physical distancing may be maintained. Gatherings in large venues may operate at a capacity higher than 100 where an operating plan has been approved by a Service NL Environmental Health Officer. Organizers of gatherings must keep a record of all attendees. Events like tradeshows and conferences TBD.
<b>Yukon</b> <sup>53, 54, 55, 56</sup>	<a href="#">Phase 3</a> of 4 Starting August 1	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with enhanced cleaning and public health measures)	Restaurants can open at full capacity for dine-in (with sufficient distancing measures and approved operational plan); bars can open at 50% capacity (with distancing measures and approved operational plan); restaurants and bars are required to capture contact information of patrons	All businesses and enterprises are permitted to operate (with adherence to health measures and with completed operational plans where required). In addition, most parks and outdoor spaces are open. Territorial campgrounds and recreation sites have closed for the season. It is recommended to check with the facility or tourism operator directly to confirm its status.	10 people maximum for indoor social gatherings; 50 people maximum for outdoor social gatherings. Organized seated events permitted in a rental facility or venue with an operational plan; indoor events 50 people or fewer; outdoor events 100 people or fewer with physical distancing; conferences and tradeshows may operate following organized gathering limits and an approved operational plan.
<b>Northwest Territories</b> <sup>57, 58, 59</sup>	<a href="#">Phase 2</a> of 4 Starting June 12	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with control/safety measures in place)	Dine-in can open at restaurants, bars and lounges (limited capacity with sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors)	All businesses and enterprises are permitted to operate (with adherence to health measures and following sectoral guidelines). In addition, most parks and outdoor spaces are open. All territorial campgrounds closed by September 30. It is recommended to check with the facility or tourism operator directly to confirm its status.	25 people maximum for indoor gatherings; 50 people maximum for outdoor activities and public events; events like tradeshows and conferences TBD
<b>Nunavut</b> <sup>60, 61, 62, 63</sup>	Every two weeks after June 1, the Chief Public health Officer will decide which measures can be eased, maintained or if additional restrictions are needed	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	In Arviat and Whale Cove: Restaurants are to open for take-out and delivery services only, bars to remain closed  In Baffin, Kitikmeot, Chesterfield Inlet, Baker Lake, Coral Harbour, Naujaat, and Rankin Inlet: Restaurants can open with seated service at 50% of normal capacity (with sufficient distancing measures) ; maximum of 6 patrons per table	In Baffin, Kitikmeot, Chesterfield Inlet, Baker Lake, Coral Harbour, Naujaat, and Rankin Inlet: Businesses can open (with sufficient physical distancing); galleries, museums and libraries can open but no tours or group gatherings; theatres can open with maximum 50 people or 50% capacity; municipal parks, territorial parks, and territorial parks reserves can open, but buildings must be closed; arenas can open with maximum 50 people or 50% capacity  As of January 12, in Arviat and Whale Cove: same as restrictions in other communities above except arenas can open with maximum 25 people or 50% capacity	In Baffin, Kitikmeot, Chesterfield Inlet, Baker Lake, Coral Harbour, Naujaat, and Rankin Inlet: Gatherings in homes are limited to a household plus 15 people; 50 people maximum for all outdoor gatherings; 15 people maximum for indoor gatherings outside of homes; 50 people or 50% capacity maximum for indoor gatherings at community halls, conference spaces and within government and Inuit organization facilities  As of January 12, in Arviat and Whale Cove: Same as restrictions in other communities above except gatherings in homes are limited to a household plus 10 people and 10 people maximum for indoor gatherings outside of homes

## 2. METHODOLOGICAL NOTES

**I. Travel-Related Measures:** In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

### Sources:

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- <sup>2</sup> Government of British Columbia, Province restricts travel to Haida Gwaii to protect communities, July 30, 2020 <https://news.gov.bc.ca/releases/2020PSSG0041-001429>
- <sup>3</sup> Government of British Columbia, Province-wide restrictions, January 19, 2021 <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions>
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- <sup>5</sup> Government of Alberta, Stronger public health measures, January 20, 2021 <https://www.alberta.ca/enhanced-public-health-measures.aspx>
- <sup>6</sup> Manitoba Government, State of Emergency and Public Health Orders, January 8, 2021 <https://manitoba.ca/covid19/restartmb/prs/orders/index.html>
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- <sup>9</sup> Government of Quebec, Confinement in Québec, January 19, 2021 <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/confinement-in-quebec/>
- <sup>10</sup> Government of New Brunswick, Travel Information, January 20, 2021 <https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/travel.html>
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- <sup>12</sup> Government of Nova Scotia, Coronavirus (COVID-19): restrictions and guidance, January 20, 2021 <https://novascotia.ca/coronavirus/restrictions-and-guidance/>
- <sup>13</sup> Government of Nova Scotia, New Brunswick Border Tightened and Public Health Restrictions Extended, January 8, 2021 <https://novascotia.ca/news/release/?id=20210108004>
- <sup>14</sup> Government of Prince Edward Island, Travel Restrictions and Screening, November 24, 2020 <https://www.princeedwardisland.ca/en/information/justice-and-public-safety/travel-restrictions-and-screening>
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- <sup>16</sup> Government of Newfoundland and Labrador, For Travellers, January 20, 2021 <https://www.gov.nl.ca/covid-19/individuals-and-households/travel-advice-2/>
- <sup>17</sup> Government of Yukon, Information for people entering Yukon, November 19, 2020 <https://yukon.ca/en/handout-information-people-entering-yukon>
- <sup>18</sup> Government of Yukon, Border enforcement during COVID-19, January 20, 2021 <https://yukon.ca/en/health-and-wellness/covid-19/border-enforcement-during-covid-19>
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- <sup>24</sup> Government of Nunavut, Travel and Isolation, January 20, 2021 <https://gov.nu.ca/health/information/travel-and-isolation>
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